

LUNEDÌ	MARTEDÌ	MERCOLEDÌ	GIOVEDÌ	ENERDÌ	SABATO
7.00 30MIN. LES MILLS BODYPUMP			7.00 LES MILLS CORE		
					9.30 LES MILLS BODYBALANCE
		9.00 LES MILLS BODYBALANCE			10.30 LES MILLS BODYPUMP
					11.30 LES MILLS CORE
12.30 LES MILLS BODYPUMP	12.30 LES MILLS BODYBALANCE		12.30 LES MILLS BODYPUMP		
13.00 LES MILLS CORE		13.00 LES MILLS BODYPUMP	13.00 LES MILLS CORE		
			13.30 LES MILLS BODYBALANCE		
17.00 LES MILLS tone		17.00 LES MILLS BODYPUMP			
18.00 LES MILLS CORE	18.00 LES MILLS BODYCOMBAT	18.00 LES MILLS BODYCOMBAT	18.00 LES MILLS CORE	18.00 LES MILLS BODYPUMP	
19.00 LES MILLS BODYPUMP	19.00 LES MILLS BODYPUMP	19.00 LES MILLS CORE	LES MILLS BODYPUMP	19.00 LES MILLS BODYBALANCE	
20.00 LES MILLS BODYCOMBAT	20.00 LES MILLS BODYBALANCE	20.00 LES MILLS BODYPUMP		20.00 LES MILLS CORE	

ORARI VALIDI DAL 26 MAGGIO